

Handout #6.1 Domains of Impairment in Children Exposed to Complex Trauma (Cook et al., 2005)

<p>I. Attachment</p> <ul style="list-style-type: none"> • Problems with boundaries • Distrust and suspiciousness • Social isolation • Interpersonal difficulties • Difficulty attuning to other people's emotional states • Difficulty with perspective taking 	<p>V. Behavioral control</p> <ul style="list-style-type: none"> • Poor modulation of impulses • Self-destructive behavior • Aggression toward others • Pathological self-soothing behaviors • Sleep disturbances • Eating disorders • Substance abuse • Excessive compliance • Oppositional behavior • Difficulty understanding and complying with rules • Reenactment of trauma in behavior or play (e.g., sexual, aggressive)
<p>II. Biology</p> <ul style="list-style-type: none"> • Sensorimotor developmental problems • Analgesia (inability to feel pain) • Problems with coordination, balance, body tone • Somatization • Increased medical problems across a wide span (e.g., pelvic pain, asthma, skin problems, autoimmune disorders, pseudoseizures) 	<p>VI. Cognition</p> <ul style="list-style-type: none"> • Difficulties in attention regulation and executive functioning • Lack of sustained curiosity • Problems with processing novel information • Problems focusing on and completing tasks • Difficulty planning and anticipating • Problems understanding responsibility • Learning Difficulties • Problems with language development • Problems with orientation in time and space
<p>III. Affect regulation</p> <ul style="list-style-type: none"> • Difficulty with emotional self-regulation • Difficulty labeling and expressing feelings • Problems knowing and describing internal states • Difficulty communication wishes and desires 	<p>VII. Self-concept</p> <ul style="list-style-type: none"> • Lack of a continuous, predictable sense of self • Poor sense of separateness • Disturbance of body image • Low self-esteem • Shame and guilt
<p>IV. Dissociation</p> <ul style="list-style-type: none"> • Distinct alterations in states of consciousness • Amnesia • Depersonalization and de-realization • Two or more states of consciousness • Impaired memory for state-based events 	